

Sun Mon Tue Wed Thu Fri Sat

November 2017

All activities in yellow are in the Community Room

1 10:00 ESL
4:00-5:30 Russian Library
6:00 Language Exchange
Russian/English

2 10:00 Yoga/ Zumba
10:00 Shopping bus
1-3 Aleph Library
1:30 Taxi Coupons
6:00 Russian Movie
6:30 Shopping bus

3 10:00 Arthritis Group
11:00 Tai Chi
2:00 Coffee Hour
7:00 English Movie

5 10:00 Shopping bus
10:00 Yoga/ Zumba
11:00 Art & Meditation
2:00 Chinese Relaxation
2:30 ESL
6:30 Mazl-Tov Rehearsal

6 11:00 Arthritis Group
5:00 Community Dinner
6:30 Arts Movie

7 10:00 ESL
4:00-5:30 Russian Library
6:00 Language Exchange
Russian/English

8 10:00 Yoga/ Zumba
10:00 Shopping bus
1-3 Aleph Library
6:00 Russian Movie
6:30 Shopping bus

9 10:00 Arthritis Group
11:00 Tai Chi
2:00 Coffee Hour
2:30 Connected Living

12 10:00 Shopping bus
10:00 Yoga/ Zumba
11:00 Art & Meditation
2:00 Chinese Relaxation
2:30 ESL
4:00 Memorial Service
6:30 Mazl-Tov Rehearsal

13 11:00 Arthritis Group

14 10:00 ESL
4:00-5:30 Russian Library
6:00 Language Exchange
Russian/English

15 10:00 Yoga
10:00 Shopping bus
1-3 Aleph Library
6:00 Russian Movie
6:30 Shopping bus

16 10:00 Arthritis Group
11:00 Tai Chi
2:00 Coffee Hour
7:00 English Movie

17 10:00 Arthritis Group
11:00 Tai Chi
2:00 Coffee Hour
7:00 English Movie

19 10:00 Shopping bus
10:00 Yoga/ Zumba
11:00 Art & Meditation
2:00 Chinese Relaxation
2:30 ESL
4:00 Boris Concert
6:30 Mazl-Tov Rehearsal

20 11:00 Arthritis Group

21 10:00 ESL
4:00-5:30 Russian Library
6:00 Language Exchange
Russian/English

22 **Jordan Hall Trip**

23 *Holiday*
Office Closed

24 *Holiday*
Office Closed



26 10:00 Shopping bus
10:00 Yoga/ Zumba
2:00 Chinese Relaxation
2:30 ESL
6:30 Mazl-Tov Rehearsal

27 11:00 Arthritis Group
5:00 Community Dinner
6:30 Arts Movie

28 10:00 ESL
4:00-5:30 Russian Library
6:00 Language Exchange
Russian/English

29 10:00 Yoga/ Zumba
10:00 Shopping bus
1-3 Aleph Library
6:00 Russian Movie
6:30 Shopping bus

30 10:00 Arthritis Group
11:00 Tai Chi
2:00 Coffee Hour
7:00 English Movie

