

August 2018

All activities in yellow are in the Community Room

\Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			10:00 ESL		1 No Yoga/Dance 10:00 Shopping bus 1-3 Aleph Library	2 No Arthritis Group 2:00 Coffee Hour 7:00 English Movie	
5	6	7	10:00 ESL	8	9	10	11
10:00 Shopping bus 10:00 Yoga/ Dance 2:00 Chinese Relaxation 2:30 ESL 6:30 Mazl-Tov Rehearsal	10:15 Tai Chi 11:00 Arthritis Group	10:15 Tai Chi 11:00 Arthritis Group 4:00-5:30 Russian Library 5:00 Community Dinner		No Yoga/Dance 10:00 Shopping bus 1-3 Aleph Library 6:00 Arts Movie 6:30 Shopping bus	No Arthritis Group 2:00 Coffee Hour 7:00 Chinese Movie	Mohegan Sun	
12	13	14	10:00 ESL	15	16	17	18
10:00 Shopping bus 10:00 Yoga/ Dance 2:00 Chinese Relaxation 2:30 ESL 6:30 Mazl-Tov Rehearsal	10:15 Tai Chi 11:00 Arthritis Group 5:00 Community Dinner	10:15 Tai Chi 11:00 Arthritis Group 5:00 Community Dinner		10:00 Yoga/ Dance 10:00 Shopping bus 1-3 Aleph Library 3:30 Ice Cream Sundaesi! 6:30 Aleph Lecture 6:30 Shopping bus	11:00 Arthritis Group 2:00 Coffee Hour 7:00 English Movie		
19	20	21	10:00 ESL	22	23	24	25
10:00 Shopping bus 10:00 Yoga/ Dance 2:00 Chinese Relaxation 2:30 ESL 6:30 Mazl-Tov Rehearsal	10:15 Tai Chi 11:00 Arthritis Group 5:00 Community Dinner	10:15 Tai Chi 11:00 Arthritis Group 5:00 Community Dinner		10:00 Yoga/ Dance 10:00 Shopping bus 1-3 Aleph Library 6:00 Arts Movie 6:30 Shopping bus	11:00 Arthritis Group 2:00 Coffee Hour 7:00 Chinese Movie		
26	27	28	10:00 ESL	29	30	31	
10:00 Shopping bus 10:00 Yoga/ Dance 2:00 Chinese Relaxation 2:30 ESL 6:30 Mazl-Tov Rehearsal	10:15 Tai Chi 11:00 Arthritis Group	10:15 Tai Chi 11:00 Arthritis Group 5:00 Community Dinner & Birthday Celebration 6:00 Arslan Khaydov concert		10:00 Yoga/ Dance 10:00 Shopping bus 1-3 Aleph Library 6:00 Arts Movie 6:30 Shopping bus	11:00 Arthritis Group 2:00 Coffee Hour 7:00 English Movie		