February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9:55 Shopping bus 11:00 Arthritis Group 2:00 Chinese Relaxation 4:30 Mazl-Tov Rehearsal	4 **10:00 YOGA dance** 10:00 Creative Expressions **4-5:30 Russian Library** 5:00 Community Dinner	5 *10:00 ESL- 8th floor* 11:15 Arthritis Group **Opera Trip** 5:00 Arts Movie	6 9:55 Shopping bus **10:00 YOGA dance** **1-3 Aleph Library** **2:00 Chinese New Year Celebration** *4:30 ESL- 8th Floor* 6:00 Russian Movie Club 6:30 Shopping bus	7 11:00 Arthritis Group 2:00 Coffee Hour	8
9	10 9:55 Shopping bus 11:00 Arthritis Group 2:00 Chinese Relaxation 4:30 Mazl-Tov Rehearsal	11 **10:00 YOGA dance** 10:00 Creative Expressions 5:00 Community Dinner	12 *10:00 ESL- 8th floor* 11:15 Arthritis Group 5:00 Arts Movie	13 9:55 Shopping bus **10:00 YOGA dance** **1-3 Aleph Library** *4:30 ESL- 8th Floor* 6:00 Russian Movie Club 6:30 Shopping bus	14 11:00 Arthritis Group 2:00 Coffee Hour **Resident's Talent Exhibition**	15
16	17 *Office Closed* *Check schedules*	18 **10:00 YOGA dance** 10:00 Creative Expressions **4-5:30 Russian Library** **5:00 Community Dinner & Birthday Celebration**	19 *10:00 ESL- 8th floor* 11:15 Arthritis Group 5:00 Arts Movie	20 9:55 Shopping bus **10:00 YOGA dance** **1-3 Aleph Library** *4:30 ESL- 8th Floor* 6:00 Russian Movie Club 6:30 Shopping bus	21 11:00 Arthritis Group **2:00 Coffee Hour & Guest Speaker**	22
23	24 9:55 Shopping bus 11:00 Arthritis Group 2:00 Chinese Relaxation 4:30 Mazl-Tov Rehearsal	25 **10:00 YOGA dance** 10:00 Creative Expressions **2:00 Blood Pressure Clinic** 5:00 Community Dinner	26 *10:00 ESL- 8th floor* 11:15 Arthritis Group 5:00 Arts Movie	27 9:55 Shopping bus **10:00 YOGA dance** **1-3 Aleph Library** *4:30 ESL- 8th Floor* 6:00 Russian Movie Club 6:30 Shopping bus	28 11:00 Arthritis Group 2:00 Coffee Hour	29